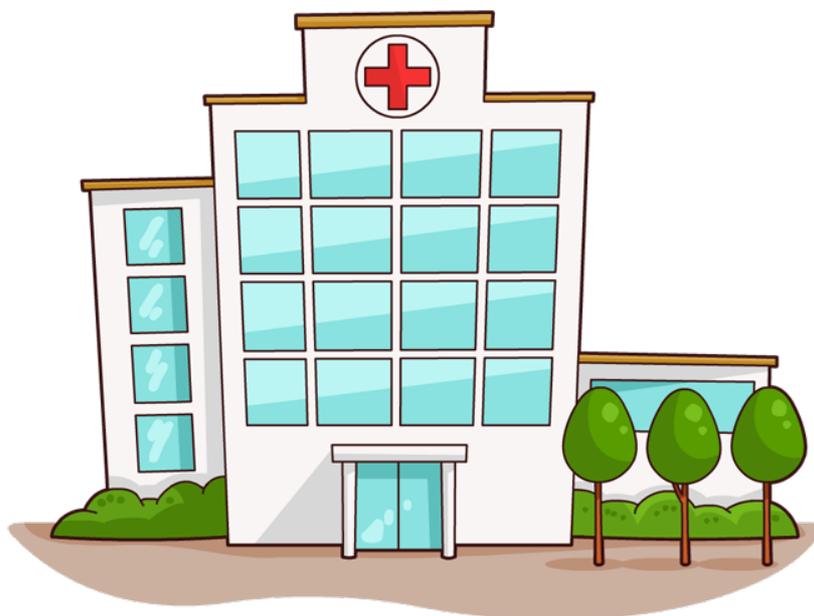


**I am in hospital.**



**At the moment, lots of people are wearing masks.**



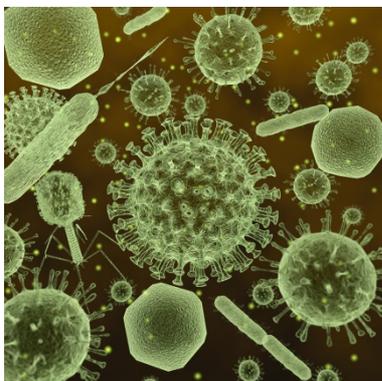
**The masks and outfits might look quite strange.**

**This is nothing to worry about.**



**They are wearing the masks to protect me from germs.**

**They want to protect me so I can get well.**



**I live at home/ in a care home.**

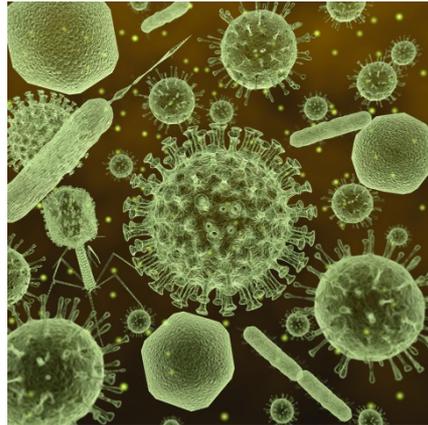


**At the moment, I have to stay inside.**



**This is because there is a virus that could make me unwell.**

**I am staying inside to help prevent me from becoming unwell.**



**This means I might have fewer visitors than normal.**

**This is OK. This is to protect me.**



**It's important to regularly wash my hands for 20 seconds.**



**If I feel unwell, I should let \_\_\_\_\_ know straight away.**



**The things I like to do inside are:**

**There are people I can talk to if I get worried.**

**These people are:**

**Their relationship to me is:**

**They can help me with:**